



SAMPLE TOPICS

Lessons Learned at Kamp

Summer camp teaches kids and teens important life lessons that easily translate into their everyday lives at home, in the classroom, on the field and in their spiritual walk.

More Green Time, Less Screen Time

Anxiety in kids and teens is at an all-time high. Pressures of living in a hyper-connected world can be challenging for youth to navigate. At summer camp, kids can feel relief from social stress and feel comfortable to be themselves.

Developing Views of Healthy Competition

A summer at Kanakuk doesn't solely teach children how to develop their physical abilities or the physical aspect of the sport. Instead, it embodies passion, discipline, hard work, integrity, confidence and teamwork.

How to Choose the Best Summer Camp for Your Child

With all the summer camp options to choose from, how do parents know which is best for their child? Which one is going to best fit his/her interests and encourage his/her unique passions?

Practices for Growing Your Spiritual Walk After Camp

At summer camp, children are given the opportunity to experience the Lord in a completely new way. When kids return home, how can parents step in and encourage them to continue to pursue the Lord outside of a camp setting?

How Parents Can Rest & Refuel While the Kids Are Away At Camp

A week away at camp gives parents much-needed time to refuel and connect after a busy school season. How can parents intentionally use this time to rest, strengthen their relationship and deepen their spiritual walk?